

LDL BENEFITS

DLUWLF= Dr. Levine's Ultimate Weight Loss Formula

Patient #1 is a non patient consumer of DLUWLF

This is a person I communicate with by email. She has faithfully used my product for more than one year. She is a diabetic with metabolic syndrome and this explains why she was ultimately placed on NIASPAN to help raise her HDL.

3/02 Lipid panel on LIPITOR LDL 119, HDL 35, and Trig 160 Started DLUWLF in 4/02

5/02 Lipid panel off LIPITOR, on NIASPAN & DLUWLF: LDL 56, HDL 37, Trig 138 8/02 Lipid panel off LIPITOR, on NIASPAN & DLUWLF: LDL 48, HDL 36, Trig 121 **RESULTS:**

Patient #2 (910)

1/22/99 shows baseline lipid panel on NIASPAN 1 gram with LDL of 229, HDL of 33 Trig. 175 Patient was tried on a variety of cholesterol medications including maximum 3 drug therapy, never achieving satisfactory results.

5/03/02 shows lipid panel off All medication, only taking DLUWLF: LDL of 125, HDL of 39 Trig. 146

RESULTS: LDL decreased by 104 points or 45% on DLUWLF, HDL increased by 6 points or 18%, and Trig decreased by 29 points or 17%. Note all these results are even better than they appear as patient was originally on NIASPAN 1 gram which would have decreased his LDL, increased his HDL, and decreased his triglycerides over his true baseline values.

Patient # 3 (001)

This is the handwritten labs received by phone by applicant's nurse. The person lives out of state and began using DLUWLF after the 11/01 baseline lab work.

11/01 baseline lipid profile LDL 145, HDL 62, Trig 218

Individual began DLUWLF

5/02/02 lipid profile only on DLUWLF: LDL 90, HDL 58, Trig 103

RESULTS: LDL decreased by 55 points or 38% on DLUWLF, HDL decreased by 4 points, and Trig decreased by 115 points or 53%. This is a man who required cholesterol medication prior to beginning DLUWLF and no longer requires it. His LDL has decreased from moderate risk of heart disease, to the lowest risk of heart disease.

7/03/02 shows baseline lipid panel off all medications and was taking DLUWLF intermittently but missed 10 days out of the month. LDL 90, HDL 31, Trig 208

8/30/02 lipid panel repeated after nearly 2 months on only DLUWLF shows LDL 76, HDL 42, and Trig 92

RESULTS: LDL decreased 14 points (16%), **HDL increased by 11 points (35%)**, and Trig decreased by 116 or 56%

Patient #4 (1543)

10/04/00 shows baseline (No medications) lipid panel with LDL of 185 and HDL of 39 Trig. 138 Patient was then titrated up to ZOCOR 80 and NIASPAN 1.5 grams over time.

12/03/02 **off all medications** for 2 months and only on DLUWLF shows LDL has decreased 39 points or 21%, HDL is 61 and Trig. 63.

RESULTS: When comparing initial blood work off medication to 11/27/02 blood work off medications and only on DLUWLF, **LDL** has dropped 39 points (21%), HDL has increased 22 points or 56%, and Trig have decreased 75 points or 54%

Patient #4 (1913)

11/30/2001 baseline lipid panel on no medications LDL 190, HDL 44, Trig 159 3/25/2002 lipid panel on only DLUWLF, LDL 128, HDL 53, Trig 63

RESULTS: LDL decreased 62 points or 33%, HDL increased 9 points or 20% (36% reduction in heart disease), and Trig. decreased 96 points or 63%

Patient # 5 (928)

2/22/02 shows lipid panel on LIPITOR 80 mg: LDL 121, HDL 49, Trig 97

NOTE: Between 2/02 and 1/03 patient was tried on a variety of medications to optimize his values. He was even place on 3 different medications at maximum dose. He never received satisfactory results.

1/13/03 lipid panel on only DLUWLF shows LDL 58, HDL 50, and Trig 111

RESULTS: LDL decreased 63 points (52%), HDL increased by 9 points (18%), and Trig increased 14 (insignificant). These results are truly remarkable. Lipitor is the strongest statin cholesterol medication and the patient results show that he had a 63 point decline in LDL on DLUWLF better than LIPITOR 80! (LIPITOR does also lower triglycerides and that may explain the small and insignificant jump in triglycerides.)



name:

email : aol.com

phone:

comment: Hi, Dr. Levine-----Got the results of last weeks' blood work

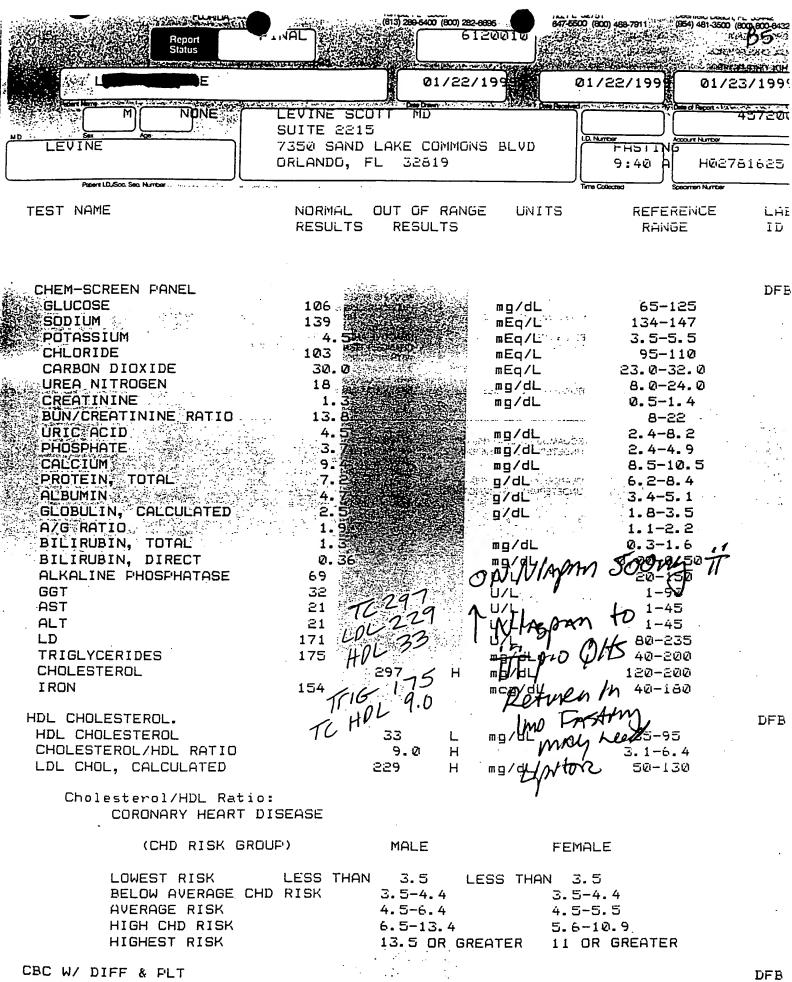
today and wanted you to know. These readings are for

M	larch	May	August,	
Triglycerides	160	138	121 1 36 + 1	39
HDL	35	37		
LDL	119	56	48	7.1
Total Chol.	186	121	108	

Dr. Collins took me off the Lipitor and started me on Niaspan as he had talked about in May and which you had also mentioned to me. Overall things are looking pretty good. I did an overnight study for my oxygen saturation and Dr. Herran wants me to stay on the concentrator at night as it dropped to less than 90 when I was sleeping.

That was disappointing, but it is only an annoyance--even though an

expensive one!! I'll keep you posted.



WBC

THOU/CUMM 3.9 - 11.1

REPORT CONTINUED ON NEXT PAGE *

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LEVINE SCOTT
7350 SANDEAKE COMMONS BLV



LABORATORY REPORT

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ું±	7159262 TP564397N 7159262 05/03/2002 12:09 05/03/2002 05/04/2002 05:00
	05/02/2002 IZ:03 05/03/2002 05/04/2002 05:00

SS#:

Report Status FINAL Test	Result In Range Out of Range	Units	Reference Range	Site Code
PATIENT DATE OF BIRTH: 09/02/1957 LIPID PANEL 70 193				
TRIGLYCERIDES	146	MG/DL	<150	TP
CHOLESTEROL, TOTAL COL	193	MG/DL	<200	TP
HDL CHOLESTEROL [77](27	39 L	MG/DL	>OR=40	TP
LDL-CHOLESTEROL Trig 146	125	MG/DL (CALC)	<130	TP
CHOL/HOLC RATIO TUHOL 4.9	4.9	(CALC)	<5.0	TP :

ON DLUWLF NO MEDS

11/01 TC 251 LDL 145 HOL 62 Trig 218 No meds

weight aag

5/02 TC 169 LOL 90 HOL 58 Trig 103 11/02 Weight 178

Total weight loss 51 lbs.

These labs were given to me by pt over the phone. This patient lives out of state and has been using the DLUWF. Beth Lauron

LEVINE, SCOTT 7350 SANDLAKE COMMONS BLV

ORLANDO FL 32819-



LABORATORY REPORT

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Pat	ient Name	Patient ID/Hospital ID RoomNo Age Sex Physician
P		D 1543 37 M LEVINE, SCOTT
Page	Requisition No.	Accession No: Lab Ref: No: Collection Date & Time Log-in Date Report Date & Time
1	7159659	TP710988Q 7159659 11/27/2002 09:48 11/27/2002 12/03/2002 05:00
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Report Status FINAL Test	In Range	esult · Out of Range	Units	Reference Range	Site Code
PATIENT DATE OF BIRTH: 06/15/1965 LIPID PANEL 70 220 1/	1 Pt	aff zocorsi)		
TPTCI.VCPPTDPC V	63	DLUWL	C. MG/DL	<150	TP
CHOLESTEROL, TOTAL LOL 146		220 H	MG/DL	<200	TP
HDL CHOLESTEROL HOLG	61		MG/DL	>OR=40	TP
LDL-CHOLESTEROL Triab3		146 H	MG/DL (CALC	<130	TP
CHOL/HDLC RATIO	3.6	•	(CALC)	<5.0	TP

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LABORATORY REPORT

Patient Name H	Patient ID/Hospital ID Room No. Age Sex Physician 928 43 M LEVINE, SCOTT
Page Requisition No. Accession No. 1 7159376 TP4719960	Lab Ref No. Collection Date & Time Log-in Date Report Date & Time 7159376 07/03/2002 12:56 07/03/2002 07/04/2002 06:00

Remarks

Report Status FINAL Test	Result In Range Out of Range	Units	Reference Range	Site Code
PATIENT DATE OF BIRTH: 07/30/1958	was of Du	UNF		
TC 63 TRIGLYCERIDES	208 H X10 C	MG/DL	<150	TP
CHOLESTEROL, TOTAL COL 90	163 n month	MG/DL	<200	TP
HDL CHOLESTEROL HOL 31	31 L	MG/DL	>OR=40	TP
LDL-CHOLESTEROL TVIG 208	90	MG/DL (CALC)	<130	TP
CHOL/HOLC RATIO TOHOL 5.3	√5.3 H	(CALC)	<5.0	TP
UREA NITROGEN (BUN) CREATININE BUN/CREATININE RATIO SODIUM POTASSIUM CHLORIDE CARBON DIOXIDE CALCIUM PROTEIN, TOTAL ALBUMIN GLOBULIN ALBUMIN/GLOBULIN RATIO BILIRUBIN, TOTAL ALKALINE PHOSPHATASE AST ALT BC (INCLUDES DIFF/PLT) WHITE BLOOD CELL COUNT	106 16 1.0 16 1.0 17 25cops 141 4.1 109 DLUWLF 4.3 2.8 1.5 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8 0.8	MG/DL ING REFERENCE MG/DL MG/DL (CALC) MMOL/L MMOL/L MMOL/L MMOL/L MG/DL G/DL G/DL G/DL (CALC) MG/DL U/L U/L THOUS/MCL	65-109 INTERVAL 7-25 0.5-1.4 6-25 135-146 3.5-5.3 98-110 21-33 8.5-10.4 6.0-8.3 3.5-4.9 2.2-4.2 0.8-2.0 0.2-1.5 20-125 2-50 2-60 3.8-10.8	TP
WHITE BLOOD CELL COUNT RED BLOOD CELL COUNT HEMOGLOBIN HEMATOCRIT MCV MCH MCHC RDW PLATELET COUNT ABSOLUTE NEUTROPHILS ABSOLUTE LYMPHOCYTES ABSOLUTE MONOCYTES ABSOLUTE BASOPHILS NEUTROPHILS LYMPHOCYTES MONOCYTES MONOCYTES EOSINOPHILS EOSINOPHILS BASOPHILS BASOPHILS	9.3 5.27 16.6 49.1 93.1 31.6 33.9 13.9 252 5561 2632 967 H 121 19 59.8 28.3 10.4 1.3 0.2	THOUS/MCL MILL/MCL G/DL % FL PG G/DL % THOUS/MCL CELLS/MCL CELLS/MCL CELLS/MCL CELLS/MCL CELLS/MCL CELLS/MCL % % % % % %	3.8-10.8 4.20-5.80 13.2-17.1 38.5-50.0 80.0-100.0 27.0-33.0 32.0-36.0 11.0-15.0 140-400 1500-7800 850-3900 200-950 50-200	

22457200 -363-1515 LEVINE, SCOTT 7350 SANDLAKE COMMONS BLV

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LABORATORY REPORT

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, Pat	ent Name	Patient IO/Hospital ID Room No Age Sex Physician
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D		1913 49 M LEVINE, SCOTT
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Dees	Requisition No.	
Page	requisition ivo.	Accession No. Lab Ref No. Collection Date & Time Log-in Date & Time
1	7158904	TP197038L 7158904 11/28/2001 09:17 11/28/2001 11/30/2001 05:00
	7230301	11/28/2001 05:1/ 11/28/2001 11/30/2001 05:00

Remarks Wt 215 Nomeds SS#: Report Result Reference Site Code Units FINAL Test In Range Out of Range Status Range 266 LIPID PANEL TRIGLYCERIDES 159 H MG/DL <150 TP CHOLESTEROL, TOTAL 266 H MG/DL <200 TP HDL-CHOLESTEROL TP HDL CHOLESTEROL MG/DL >59 LDL-CHOLESTEROL MG/DL (CALC) <100 TP LDL CHOLESTEROL (MG/DL) GOALS AND CUTPOINTS POR THERAPEUTIC LIFESYTLE CHANGES (TLC) AND DRUG THERAPY IN DIFFERENT RISK CATEGORIES (AFTER EXCLUSION OR IF APPROPRIATE, TREATMENT OF SECONDARY CAUSES OF LDL ELEVATION). FROM NCEP ATP-III REPORT, MAY 2001.) Hond RISK CATEGORY LDL GOAL LDL TO LDL TO CONSIDER INITIATE DRUG THERAPY TLC CHD OR CHD <100 > OR =100 > OR = 130**EQUIVALENTS:** (100-129:DRUG 10YR RISK >20% OPTIONAL) 2+ RISK FACTORS: <130 > OR =130 > OR =130 10YR RISK 10-20% 2+ RISK FACTORS: <130 > OR =130 > OR = 16010YR RISK <10% 0-1 RISK FACTORS <160 > OR =160 > OR =190 (160-189:DRUG OPTIONAL) CHOL/HDLC RATIO 6.05 H (CALC) <4.98 TP COMPREHENSIVE METABOLIC PANEL TP GLUCOSE 79 MG/DL 65-109 FASTING REFERENCE INTERVAL MG/DL 7-25 UREA NITROGEN (BUN) 16 CREATININE 1.0 MG/DL 0.5-1.4 BUN/CREATININE RATIO 16 (CALC) 6-25 SODIUM 140 MMOL/L 135-146 POTASSIUM 4.8 MMOL/L 3.5~5.3 CHLORIDE 107 MMOL/L 98-110 CARBON DIOXIDE 19 L MMOL/L 21-33 CALCIUM 8.9 MG/DL 8.5-10.4 PROTEIN, TOTAL 7.2 6.0-8.3 G/DL ALBUMIN 4.6 G/DL 3.5-4.9 GLOBULIN 2.6 G/DL (CALC) 2.2-4.2 ALBUMIN/GLOBULIN RATIO 1.8 (CALC) 0.8-2.0 BILIRUBIN, TOTAL 0.8 0.2-1.5 MG/DL

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ORLANDO FL 32819-



LABORATORY REPORT

Pat	tient Name Patient (D/Hospital ID Room No. Age Sex Physician 1913 49 M LEVINE, SCOTT	
Page 1	Requisition No. Accession No. Lab Ref. No. Collection Date. & Time Log-in Date Report Date & Time TP914803M 7159172 03/25/2002 09:19 03/25/2002 03/26/200	

	91.12	03/25/2002 09:19 03/23	72002 0372072002	
Remarks	WH 180			
	W7 100	Nomeds		
SS#:		Nomeas		
Report Status FINAL Test	Result In Range Out of Ran	nge Units		Site Code
PATIENT DATE OF BIRTH: 07/22/1952				
LIPID PANEL TC 190				
TRIGLYCERIDES LOL 12	- S 63	MG/DL	<150	rp
CHOLESTEROL, TOTAL HOL S	3 194	MG/DL	<200	rp
HDL CHOLESTEROL Trig 6.	3 53	MG/DL	>OR=40	rp.
LDL-CHOLESTEROL TCIHDL		MG/DL (CALC)	<130	ΓP
LDL CHOLESTEROL (MG/DL)	GOALS AND CUTPOIN	TS FOR	\mathcal{O}	•
THERAPEUTIC LIFESYTLE CI IN DIFFERENT RISK CATEG	ORIBS (AFTER EXCLU	SION OR, IF	cellent	
APPROPRIATE, TREATMENT (ELEVATION). FROM NCEP A				
RISK CATEGORY LDL GO		LDL TO CONSIDER W	movemen	
Naun Grandena all Co.	INITIATE TLC	DRUG THERAPY		
		AD 100		
CHD OR CHD <100 EQUIVALENTS:	> OR =100	> OR =130 (100-129:DRUG		
10YR RISK >20%		OPTIONAL)		
2+ RISK FACTORS: <130 10YR RISK 10-20%	> OR =130	> OR =130		
2+ RISK FACTORS: <130	> OR =130	> OR =160***		
10YR RISK <10%	· • • • • • • • • • • • • • • • • • • •	> 0K =100	·	
0-1 RISK FACTORS <160	> OR =160	> OR =190		
		(160-189:DRUG OPTIONAL)		
	•			
CHOL/HDLC RATIO	3.7	(CALC)	<5.0 T	'P
COMPREHENSIVE METABOLIC PANEL	0.7	NG /DI		'P
GLUCOSE	87	MG/DL FASTING REFERENCE	65-109 INTERVAL	
UREA NITROGEN (BUN)	13	MG/DL	7-25	
CREATININE	1.0	MG/DL	0.5-1.4	
BUN/CREATININE RATIO	13	(CALC)	6-25	
SODIUM	141	MMOL/L	135-146	
POTASSIUM	5.0	MMOL/L	3.5-5.3	
CHLORIDE	105	MMOL/L	98-110	
CARBON DIOXIDE	26	MMOL/L	21-33	
CALCIUM PROTEIN, TOTAL	9.7	MG/DL G/DL	8.5-10.4 6.0-8.3	
ALBUMIN	7.4 4.7	G/DL G/DL	3.5-4.9	
GLOBULIN	2.7	G/DL (CALC)	2.2-4.2	
ALBUMIN/GLOBULIN RATIO	1.7	(CALC)	0.8-2.0	
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LEVINE, SCOTT 7350 SANDLAKE COMMONS BLV



LABORATORY REPORT

Patient Name		Patient (O/Hospital)D R	oom No. Age 4.3	E, SCOTT	
Page Requisition No. 1 7159093	Accession No. TP441337M	Lab Ref No. 7159093	Collection Date & Time 02/22/2002 11:20	Report Date & Time 02/26/2002	

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SS#	:	-

Report Status FINAL Test		Result In Range Out of Range	Units	Reference Range	Site Code
LIPID PANEL TRIGLYCERIDES CHOLESTEROL, TOTAL HDL-CHOLESTEROL HDL CHOLESTEROL	TC 189 LDL 121 HDL 49 Tria 97	97 189 49	MG/DL MG/DL MG/DL	<150 <200 >OR=40	TP TP
LDL-CHOLESTEROL	TUHPL 38	6 ¹²¹	MG/DL (CALC)	<130	TP

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LABORATORY REPORT

PE	stent Name	Patient (O/Hospital ID Room No. Age Sex Physician 928 44 M LEVINE, SCOTT	
Page 1	Requisition No.	Accession No. Leb Ref No. Collection Date & Time Log-in Date & Time Report Date & Time TP296150R 7159786 01/13/2003 10:15 01/13/2003 01/14/2003 05:0) VC

Remarks

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SS#: -		•		~ · · · · · · · · · · · · · · · · · · ·		
Report FINAL Test			Result e Out of Range	Units	Reference Range	Site Code
PATIENT DATE OF BIRTH:	07/30/1958		·	•		
LIPID PANEL TRIGLYCERIDES	TC 130	111	whom _	MG/DL	<150	TP
CHOLESTEROL, TOTAL	UL 50	130	on 2 >Co	MG/DL	<200	TP
HDL CHOLESTEROL	71100	50	DWWL	MG/DL	>OR=40	TP
LDL-CHOLESTEROL	1119 111	58	D	MG/DL (CAL	C) <130	TP
CHOL/HDLC_RATIO	7CIHOL 200	2.6		(CALC)	<5.0	TP

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